



## **Newsletter**

Issue: May '22 to May '23

### **Islamabad Model College for Girls (Post Graduate)**

#### **F-7/2 Islamabad**



On May 27 , 2022, Dr. Fauzia Tanveer Sheikh, joined IMCG (PG) F-7/2 Islamabad as Principal of the college. She is an accomplished academician with an illustrious teaching career spanning 30 years. Even after becoming a Principal in 2019, she remains interested in different pedagogical techniques to facilitate the students.

### **FROM THE PRINCIPAL'S DESK**

Assalam-o-Alaikum

I am highly grateful to Almighty Allah that in the academic session 2022-23, IMCG (PG) F-7/2, one of the oldest and the most prestigious institutions of higher learning in Islamabad, upheld its tradition of excellence. The college provided opportunities for participation to students of all its educational programs i.e. Intermediate, ADP, BS in the domains of academics as well as co-curricular activities. This is in keeping with the college vision of optimum development of human resources for a bright and progressive Pakistan.

The college commitment to ensure excellence in academics is manifest from the fact that IMCG, (PG), F-7/2, Islamabad won trophy of the best college amongst Ex-FG Colleges. College student, Faiza Younas, won first position in humanities in FBISE at intermediate level. Moreover, teachers of IMCG (PG), F-7/2, won excellence awards, given by FDE, on the basis of their outstanding results.

Co-curricular activities have been given special attention. Free and fair elections of the college Students Council provided the students with the opportunity to elect their representatives. The Students Council, under the guidance of their teachers organized numerous competitions like qi'raat, na'at, English and Urdu debates, quizzes, drama, painting, singing, etc.

In the field of sports, girls could be seen playing different kinds of sports like volley ball, table tennis, badminton, cricket, athletics, throughout the session. The college won different positions and was awarded with trophies and medals as elaborated in the following pages.

All such competitions were held to nurture the latent creative talent of the students to ensure holistic development of personality.

I am grateful to my staff for their tireless and dedicated efforts for a successful academic session. I hope and pray that my team would continue to work hard to add to the glory of this prestigious institution and its students prove to be an addition of excellent human potential to institutions of higher learning as well as society; bright, confident, modest and enterprising. I wish my staff and students the very best in the times to come.

**Principal**

Prof. Dr. Fauzia Tanveer Sheikh

## Fund raising for the Flood Affectees

From 14<sup>th</sup> June to October 2022, massive floods in Pakistan caused extensive loss of human life, livestock and property. IMCG (PG) F-7/2 Islamabad stood firm with the affectees. The students and faculty of the college took part in the fund raising drive for the rehabilitation of the flood stricken citizens with zealous spirit.

## Teacher Training Sessions 2022

Islamabad Model College for Girls (PG) F-7/2 conducted an interactive session led by the respected Principal, Dr. Fauzia Tanveer Sheikh, with regard to Continuous Professional Development on 27<sup>th</sup> July, 2022. It was a productive discussion between the Principal and the faculty members which focused upon tackling issues plaguing the educational institution effectively.

On 29<sup>th</sup> July, 2022, in continuation of CPD all the respected faculty members of IMCG F-7/2 were asked to attend a lecture on Class Room Management and Skills (Effective teaching in the light of Islam) by Dr. Aiysha Madni from the Department of Islamic Studies. In the second half, Ms. Ayesha Kiyani from the Department of Psychology, spoke about Cyber sickness and how it is distracting our youth from their goals. In the end, she provided some tips to combat the spread of screen addiction.



Pakistan Red Crescent Society organized a CPR training session in Islamabad Model College for Girls (PG) F-7/2 on 3<sup>rd</sup> August, 2022. Cardiopulmonary Resuscitation (CPR) is a vital procedure in the First Aid protocol provided to injured people in emergency situations

## Career Counseling Seminars

An interactive session was organized by the Junior/Youth Club of Pakistan Red Crescent in Islamabad Model College for Girls (PG) F-7/2 Islamabad. The speaker was a career counselor at NUST. She guided the students regarding different career streams and the skill set required for them. The presenters also concentrated upon Stress and Anger Management.

Teams from ICMA, FGCHEMS, NUML and Riphah University also visited the college to conduct Career Counseling seminars. It was a great learning experience for the students.

## Celebration of 75<sup>th</sup> Independence Day of Pakistan

On the felicitous occasion of 75<sup>th</sup> Independence Day of Islamic Republic of Pakistan, Islamabad Model College for Girls (PG) F-7/2 organized a function on 12<sup>th</sup> August, 2022 in the college auditorium. The stage was beautifully decorated with lights and the colours of the Pakistani flag to match the occasion. The Chief Guest, Ms. Naira Qadeer (Former Head, Department of Pakistan Studies IMCG (PG) F-7/2, Islamabad), and the respected Principal of the institution, Dr. Fauzia Tanveer Sheikh were invited to hoist the National Flag of Pakistan. After the hoisting of the flag, the audience stood respectfully for the National Anthem. Heart -warming songs and speeches were presented by the students to commemorate the 75th Independence Day of Pakistan. A documentary on the Quaid-e-Azam was played for the audience and the enthusiastic students took part in a quiz at the end of it. Prizes were given to the winners. Tributes were also paid to the people from different walks of life who were contributing towards the progress of the country. In the end, Dr. Aiysha Madni led a dua to pray for the betterment and glory of Pakistan.

Moreover, the Department of Fine Arts (IMCG F-7/2, Islamabad) held a Poster Making Competition. The students participated in the competition to artistically depict their patriotic sentiments for their homeland. After the judgement by our august Chief Guest, Ms. Naira Qadeer (Former Head, Department of Pakistan Studies IMCG (PG) F-7/2 Islamabad), Momina Masood stood at 3rd position, Hiba Karim stood 2nd and Hajra took the top prize.



On 14<sup>th</sup> August, 2022, the gazetted and non-gazetted staff and their families gathered in the college to celebrate the 75<sup>th</sup> Independence Day of Pakistan. The Principal of the college, Dr. Fauzia Tanveer Sheikh, along with the Vice Principals, Ms. Shabana Tabassum and Ms. Sarwat Nazir, hoisted the flag of Pakistan. Exuberant songs and speeches were presented to commemorate the occasion.

An exhibition of calligraphy was held at the Department of Fine Arts (IMCG F-7/2 Islamabad) on 22<sup>nd</sup> August, 2022. The talented students of ADP showcased their semester portfolios in it. The attendees of the exhibition praised the efforts and the artistic prowess of the students.

On the directive of Federal Directorate of Education, the Department of Computer Sciences (IMCG (PG) F-7/2 Islamabad) conducted three seminars in the ongoing process to educate the students regarding the responsible use of internet. The teachers prepared power point presentations to instruct the students about the utility of various digital apps and websites; ways to make their social media footprint secure and tackle cyber crimes effectively. They were also informed about the cyber crimes cell of FIA and its role in making the cyber-space safe for everyone. The students appreciated the informative sessions held by the Department of Computer Sciences.

### **Defence Day 2022**



A program on Defence Day was organized in IMCG F-7/2 Islamabad on 6<sup>th</sup> September, 2022. The host of the ceremony, Ms. Sobia Masood (Assistant Professor, Dept. Of Physics) paid a rousing tribute to the heroes of the Indo-Pak war 1965. Patriotic songs and speeches were presented by the students to commemorate the Defence Day of Pakistan.

### **Excellence Achievement Awards**

Federal Directorate of Education held an Excellence Award Certificates Ceremony on 5<sup>th</sup> October 2022. The Award Ceremony was organized to honour the teachers who got the highest GPA in Annual Result 2022 of HSSC announced by FBISE. Four teachers from the faculty of IMCG (PG) F-7/2 Islamabad received the award in their respective subjects. The names of the distinguished educationists are as under:

Naira Qadeer (Associate Professor, Pakistan Studies)

Shaista Sheikh (Assistant Professor, Applied Psychology)

Munazza Erum (Lecturer, Biology)

Humaira Shabnum (Lecturer, Outline of Home Economics)



Overall, Islamabad Model College for Girls (PG) F-7/2 Islamabad won the first position among F.G. Colleges.

No. of Students Enrolled	No. of Students Passed	CGPA of the College
838	776	4.32

### Rehmat ul lil Almeen Celebrations 2022

Islamabad Model College for Girls (PG) F-7/2 Islamabad organized a soul stirring ceremony of Milaad-e-Mustafa (S.A.W.W) to celebrate the birth and life of our beloved Prophet Muhammad (S.A.W.W) on 13<sup>th</sup> October 2022. Prophet Muhammad (S.A.W.W) was sent to the world as Rehmat-ul-lil Almeen for the entire humanity. It is incumbent upon every Muslim to follow his Sunnah. The students recited Naats (S.A.W.W) and presented speeches on the occasion in praise of the last apostle of Allah, Prophet Muhammad (S.A.W.W) The ceremony ended with a dua led by Dr. Aiysha Madni (Assistant Professor, Dept. of Islamic Studies) to ask for Allah's benevolence and forgiveness.



In lieu of "Rehmat ul lil Almeen" celebrations, IMCG (PG) F-7/2 also organized different activities, such as Urdu and English Essay Writing Competitions, Calligraphy Competition and Exhibition, and a Quiz. The students took part in these activities with religious zeal and enthusiasm.

### Iqbal Day 2022

Iqbal Day was celebrated at IMCG (PG) F-7/2 Islamabad on November 09, 2022 to commemorate the message that Allama Iqbal conveyed to the Muslims of the Sub-continent. The students presented verses from Iqbal's poetry and enacted tableaux to inform the audience about his vision for the Muslim Youth.



### Seminar on Road Safety



On 18<sup>th</sup> November 2022, the Road Safety Awareness unit of Motorway Police organized a lecture on laws concerned with road safety in IMCG (PG) F-7/2 Islamabad. Ms. Nabeela Yasmeen, Senior Patrol Officer (Motorway Police), informed the students regarding the traffic rules and the importance of traffic signs. She emphasized upon the fact that violation of traffic rules can lead to serious consequences for the people. They also conducted a quiz to test the knowledge of the young audience about road safety and gave out prizes to the winners.

### ELECTIONS OF NEW STUDENTS COUNCIL

An active Student Council serves as a liaison between the students and the administration of an institution. IMCG (PG) F-7/2 Islamabad held the Investiture Ceremony of Student Council 2022-23 on 24<sup>th</sup> November, 2022. The honourable Chief Guest for the occasion was Ms. Noor Amna Malik, Former Director General Learning Innovation, HEC and an experienced educationist. Worthy parents of the Executive Council members also attended the auspicious ceremony.



### Quaid-e-Azam Day 2022



On 22<sup>nd</sup> December, 2022 IMCG (PG) F-7/ 2 Islamabad organized a vibrant program to celebrate the 146<sup>th</sup> birthday of the founder of our nation, Quaid-e-Azam Mohammed Ali Jinnah. The teachers and the students pulled out all stops to honour the life of the great leader Quaid-e-Azam Mohammed Ali Jinnah. The students presented patriotic speeches, songs and skits to pay homage to the par excellence personality of Mohammed Ali Jinnah. In line with the Quaid's vision of Pakistan, the Christian community in college gathered in the college hall to celebrate Christmas. They happily participated in singing jingles and answering the questions asked in a quiz. The Principal, Dr. Fauzia Tanveer Sheikh, offered her felicitations on the occasion of Quaid-e-Azam's birthday and Christmas. She also distributed monetary gifts among the christian staff members of the college.

The students of BS Psychology III celebrated **Earth Environment Day** on 4<sup>th</sup> January, 2023. The Principal of the college, Dr Fauzia Tanveer Sheikh, was invited as chief guest on the occasion. The students prepared different models and presentations on various environmental problems such as natural disasters, deforestation, pollution, recycling and climate change. The ceremony ended with Madam Principal, Dr. Fauzia Tanveer Sheikh and Ms. Shaista Sheikh, HoD Applied Psychology, planting five Rose saplings in the college lawns.



### STEM Activities



It has been a tradition of IMCG (PG) F-7/2 to provide good education as well as develop and polish the research skills of the students to keep abreast of the changing world. In this regard, the students of the college took part in Co-curricular and STEM activities organized by FBISE. The students displayed their knowledge and creativity by displaying models in various scientific disciplines. In the field of Biology, the students made two models on "Reflex Arc" and "Dialysis" respectively. In Physics, the models were based on "Use of Simple Technology" and "Solar Car". In the field of Chemistry, the participants displayed a model which showed their understanding of the subject "Prevention of Pollution and Recycling of Waste Material". In Mathematics, the students explained the concepts of "3-D Geometry and Conics" and "Trigonometric Concepts" through the models. Lastly, the students of computer sciences displayed their understanding of programming through the models on "Smart Security Check Post" and "Temperature Detector". The college appreciated the endeavours of the participants by awarding them Certificates of Participation in a ceremony on 10th January, 2023. Overall, it was a great learning experience for the students to participate in an event where they got to present their ideas in front of an audience.



## CO-CURRICULAR ACTIVITIES



IMCG (PG) F-7/2 Islamabad has upheld its tradition to keep the bar of excellence higher in fields of curricular and co-curricular activities once again. Our students of Fine Arts, Syeda Fatima Hashmi and Fatima Salahuddin, have won first and third position respectively in the Poster Competition on ending femicide. The competition was held by National Commission on the Status of Women and Pakistan National Council of the Arts (PNCA).

The College celebrated a co-curricular activity week from 8<sup>th</sup> to 13<sup>th</sup> January 2023, which was followed by Inter-Collegiate competitions.

IMCG (PG) F-7/2 Islamabad organized Collaborative Inter Collegiate Competitions. In this regard, English Debate Contest and Calligraphy Competition were held on 19<sup>th</sup> January, 2023. The Chief Guest of the occasion was Mr. Harris Khaleeq, a prolific writer and poet. It was a vibrant program where the participants debated on the topic "Freedom has no boundaries". The esteemed judges for the competition were

1. Mr. Rizwan Ronaq Rao (Assistant Professor of English at IMCB (PG) H-8, Islamabad)
2. Ms. Rabiya Aamir (Assistant Professor of English at NUML Islamabad)
3. Sayyeda Farihatulaen Rizvi (Lecturer in English at NUML Islamabad)

The students presented convincing arguments in favour and against the proposed topic. The passionate reasonings of the participants who spoke in opposition of the motion touched the hearts of the audience as the house voted in their favour.

In Inter Collegiate Calligraphy Competition, the participants had to render a Quranic verse in Kufic script. The esteemed judges for the competition were Mr. Hunzala and Ms. Ishrat Raqeeb. The students filled their canvases with rich colours and beautiful writings in Kufic script. The first position was taken by Aliza Malik from IMCG (PG) F-7/2 and withdrew as host college in favour of Muneeba Matiullah from IMCG G-10/4.





## PRIZES WON IN INTER-COLLEGIATE COMPETITIONS



In Collaborative Inter Collegiate Competitions 2023, the students of IMCG (PG) F-7/2 Islamabad brought honour to the college by winning positions in almost every competition. The report of the prizes is as follows:

FROM	NAME	PRIZE	CONTEST
IMCG BHARAKAHU	Aneeqa Andleeb	1 <sup>st</sup> prize (Trophy)	Qiraat
IMCG (PG) F-7/2	Aliza Malik	1 <sup>st</sup> prize (withdrawn)	Calligraphy
IMCG (PG) Margalla F-7/4	Fatima Salehudin	1 <sup>st</sup> prize	Landscape Painting
IMCG I-14/3	Aiza	1 <sup>st</sup> prize	Dry Flower Arrangement
IMCB H-9	Mahnoor Niazi	1 <sup>st</sup> prize	English Debate
IMCG F-8/1	Isra and Iffat	2 <sup>nd</sup> prize	Maths Quiz
IMCG G-10/4	Omaira/ Irsa Kanwal	2 <sup>nd</sup> prize	Recycling
IMCG Humak	Aizah Qasim	2 <sup>nd</sup> prize	Naat
IMCG I-8/4	Huda Khalid	2 <sup>nd</sup> prize	Photography
FGHMS F-11/1	Aneeqa Andleeb	2 <sup>nd</sup> prize	Parody Urdu
FGHMS F-11/1	Tanzeela	2 <sup>nd</sup> prize	Cooking Competition
IMCG F-10/2	Javeria Mehmood and Team	3 <sup>rd</sup> prize	English Drama
IMCB H-9	-----	3 <sup>rd</sup> prize	Natural Sciences Quiz
FGHMS F-11/1	Maheen Khan	3 <sup>rd</sup> prize	English Declamation
IMCG (PG) Margalla F-7/4	Natasha and Group	Consolation	Singing competition (Folk Song)
IMCG I-14/3	Bakhtawar Kaleem	Consolation	Flower Arrangement

**In the academic session 2022-23, the sport stars of IMCG (PG) F-7/2 Islamabad brought laurels to the college. The report for FBISE Inter Collegiate Girls Championship 2022-23 is as under:**

Table Tennis: 2<sup>nd</sup> position

Cricket: 2<sup>nd</sup> position

Hockey: 2<sup>nd</sup> position

Tennis: 3<sup>rd</sup> position

Volleyball: 2<sup>nd</sup> position

Cycling: result awaited

**The report for QAU Girls Championship is as under:**

Table Tennis: 2<sup>nd</sup> position

Volleyball: 2<sup>nd</sup> position

Tennis: 3<sup>rd</sup> position

## KASHMIR DAY

IMCG (PG) F-7/2 Islamabad had the honour of hosting the collaborative event on Kashmir Solidarity Day on 5<sup>th</sup> February, 2023. The program was a part of an ongoing commitment of the Government and People of Pakistan to raise voice against the illegal occupation of Kashmir by the Indian forces. Mr. Aftab Tariq, Director Colleges FDE, and Ms. Riffat Jabeen, Director Academics FDE, graced the function. Ms. Sualeha Jabeen, Principal IMCG (PG) Margalla F-7/4, was the focal person. The host of the program, Ms. Somia Sohail (Assistant Professor, IMCG F-7/2) welcomed the audience and stressed upon the importance of the right of self-determination for the fellow Kashmiris. The participants from all institutions working under the ambit of FDE presented praise worthy folk songs and tableaus on Kashmir Solidarity Day.

The Department of Fine Arts organized a collaborative Poster Making Event on this occasion. The students displayed their artistic prowess on the canvases to depict the atrocities committed against the Kashmiris in Indian Occupied Kashmir.



## ACADEMIC EXCELLENCE

(POSITION in HSSC ANNUAL EXAMINATION 2022 at FBISE)

<b>FAIZA YOUNIS</b>	<b>1<sup>ST</sup> POSITION in HUMANITIES</b>
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(POSITIONS in HSSC ANNUAL EXAMINATION 2022 at COLLEGE LEVEL)

<b>FAIZA YOUNIS</b>	<b>1<sup>ST</sup> in HUMANITIES</b>
<b>HIJAB ZAHRA</b>	<b>1<sup>ST</sup> in PRE-MEDICAL</b>
<b>NOOR FATIMA</b>	<b>1<sup>ST</sup> in PRE-ENGINEERING</b>
<b>SYEDA ABEEHA BATOOL</b>	<b>1<sup>ST</sup> in GENERAL SCIENCE</b>

FBISE has awarded merit scholarships to the above students based on the result of Annual HSSC Examination 2022. This achievement is a testament to the diligence of the students and their mentors. Congratulations to the winners.

## PAKISTAN DAY 2023

Pakistan Day is celebrated each year on 23rd March to commemorate the 'Lahore Resolution' of 1940, also known as the 'Pakistan Resolution', which ultimately led to the establishment of Pakistan. IMCG (PG) F-7/2 Islamabad organized a vibrant program to celebrate Pakistan Day on 21<sup>st</sup> March, 2023. The

honourable staff members and the students displayed their patriotism by presenting speeches, national songs and poetry. The Principal of the college, Dr. Fauzia Tanveer Sheikh also distributed certificates among the participants of the event



#### **Tree Plantation Drive 2023**



IMCG (PG) F-7/2 Islamabad is known for its lush and immaculate lawns which are a source of delight for the staff and students alike. In this regard, a tree plantation drive was planned on 12th April, 2023 in the college. The Principal of the college, Dr. Fauzia Tanveer Sheikh and the senior faculty members took part in the drive wholeheartedly. Dr. Fauzia Tanveer Sheikh planted a palm tree in the college garden. The Vice Principals of the college, Ms. Shabana Tabassum and Ms. Sarwat Nazir planted the saplings of apple and pear trees. Dr. Rummana Shah, HoD Economics, planted a lemon tree and Ms. Rahat Tariq, HoD Physics, planted a persimmon fruit tree in the college gardens respectively. The respected heads of various departments participated in the drive by planting a marva tree in the college premises. The students of the college were also given the opportunity to take part in this refreshing activity. The pupils of ADP final semester planted a persimmon fruit sapling whereas the students of BS Chemistry 8th semester planted a lemon tree in the college gardens. Overall, the tree plantation drive served as a reminder that Allah has showered mankind with immense blessings through the bountiful Mother Nature.

#### **Labour Day 2023**

“Without labor nothing prospers.” —Sophocles

Every year Labour Day is celebrated all over the world on the first of May to acknowledge the vital role of labourers in a nation's progress. In this regard, a ceremony was held in IMCG (PG) F-7/2 . The Chief Guest for the function was Principal of the college, Dr. Fauzia Tanveer Sheikh. The function was organised by the Department of Economics. The students of BS Economics presented spirited tableaux, songs, speeches and documentaries on Labour Day. The program poignantly depicted the plight of a labourer in this capitalist era and focused on the significance of fair treatment of the workers who are

the unsung heroes of our nation. The Principal of the college along with the head of the Department of Economics distributed certificates of appreciation among the participants of the function.



### **FAREWELL TO OUR STAR TEACHERS**

This academic year three of our teaching stalwarts retired. Ms. Naira Qadeer (HOD, Department of Pakistan Studies), Ms. Farah Khalid (HOD, Department of Mathematics) and Ms. Arifa Sameen Tariq (Assistant Professor, Department of Urdu) served the college loyally for years and completed their tenure in 2022. The college acknowledges their industrious efforts over the past decades to make it the best educational institution of the capital.

### **CONDOLENCES**

IMCG (PG) F-7/2 Islamabad expresses heartfelt sorrow on the sudden demise of one of its teachers, Ms. Ayesha Shoukat. She served as a dedicated Lecturer in the Department of Education. May Allah grant her higher ranks in Jannah. Aameen

Administrative Staff of any institution is a pillar to boost its function. The college acknowledges their efforts and contribution in this regard. The sad demise of Mr. Akhtar Hussain, ex-clerk of IMCG (PG) F-7/2, left the hearts of every staff member in grief. May his soul rest in peace and grant him higher place in Heavens. Aameen

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Patron in Chief: Principal, Dr. Fauzia Tanveer Sheikh

Patrons: Vice Principal, Ms. Shabana Tabassum

Vice Principal, Ms. Sarwat Nazir

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